



Grade 4 | Unit 5 | Lesson 15

EMPATHY AND ME

Bold: Teacher's Script

Time: 20-25 minutes

Objective: Analyze ways empathy can help us understand, relate to, and support others

Materials: [Learning slides](#), Mentor text (*Those Shoes* by Maribeth Boelts), [Check response worksheet](#)

Warm Up (3 minutes)

Today in IDEA we are going to continue learning about empathy and understanding. I want you to turn and talk with a partner. See if you can remember what empathy is, and what it means to put yourself in someone else's shoes. *Allow students time to reflect and talk with a partner before sharing with the whole class.*

Getting Started (2 minutes)

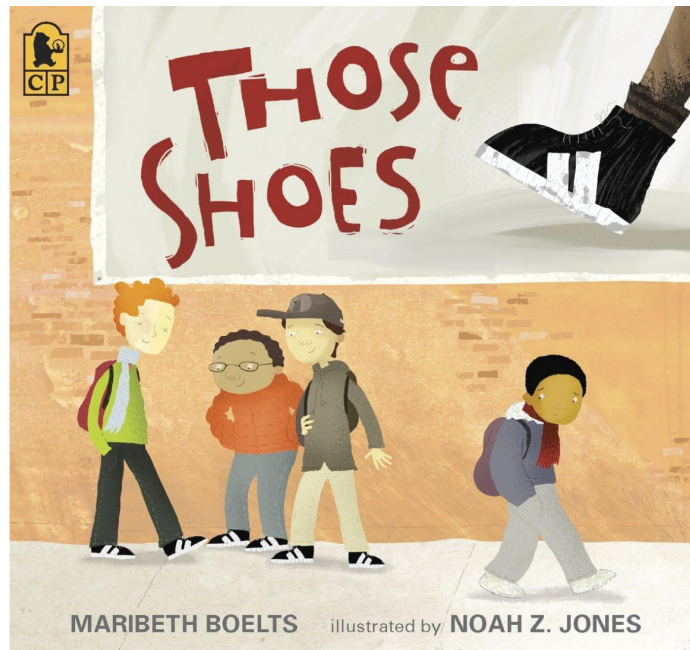
Excellent job, everyone. Empathy is understanding another person's experiences or feelings. Sometimes, we use the phrase "putting yourself in someone else's shoes". Turn and talk with a partner about what you think this might mean.

When you "put yourself in someone else's shoes", it means you take a moment to look at a person and ask yourself, "How would I feel in this situation?"

When we do this, we show empathy for others. We think about the other person's experiences and feelings and try to understand.

Working Together (10-12 minutes)

Today we are going to read our mentor text. Today we'll be looking at a story called *Those Shoes* by Maribeth Boelts. The pictures are by Noah Z. Jones.



What do you notice about the front cover? What do you predict this story will be about?

While I read, I want you to think about how the characters in the story might be feeling. Put yourself in their shoes. I also want you to look for examples of empathy and understanding that you see.

Read the mentor text, then engage in conversation by asking the questions below.

What is Antonio upset about in this story?

How did Antonio's situation make you feel?

How does Jeremy show empathy toward Antonio?

Is Jeremy a good friend? Would you want to be friends with someone like that? Why or why not?

What connections can you make to this book and your life?

Check (6-10 minutes)

Display check slide: Think of a time you showed empathy for someone. Tell me what happened by drawing/writing your response.

There are lots of great examples of people showing empathy for others in our mentor text.

I want you to now take a few minutes to think of a time you showed empathy for someone. Was it someone in your family? A friend at school? How did the person feel, and how were you empathetic?